

Adapting to Group Dynamics - Handling Different Behaviours & Creating a Successful Team

1 Day WPO

OVERVIEW

This one-day course will cover working with and understanding different types of behaviours, how to get the most from others and how to collaborate and cooperate more effectively. The course will include psychometric testing to enable participants to determine their own work preferences and how they can best adapt to the differing styles within their team.

DESIGNED FOR

Ideal for those who manage or work within a team and need to recognise and adapt to individual styles.

LEARNING OUTCOMES

By the end of this course participants will be able to:

- Describe their personal style.
- Identify how their preference impacts on others.
- Recognise the preferences of the team they work alongside.
- Adapt their style to work effectively with others.
- Build rapport and effective working relationships.
- Appreciate why people do the things they do.
- Work and communicate to full potential.

TOPICS COVERED

Increase Self-awareness - Looking at your own Preference

- Introduction to Myers Briggs Type Indicator
- Identifying your best fit - how you prefer to work
- Building on your strengths and developing your blind spots

Group Dynamics - Different Types and how they Impact a Team

- Group dynamics - the make-up of teams
- The advantages and disadvantages of different styles

Recognising the Preferences of your Team

- Recognising the different types within the team
- Understand why people do the things they do
- How they like to communicate
- How they take in information
- How they make decisions
- How they plan their time

Building Rapport and Effective Working Relationships

- Identifying others' strengths and limitations
- Recognising areas where styles and preferences differ
- Overcoming these differences and breaking down barriers
- Getting the most from others - playing to your strengths and theirs!

Working and Communicating to Full Potential

- Adapting your style to suit others
- Mirroring others - preferences to increase rapport and commitment
- Providing information that will be accepted and understood
- Agreeing methods of communication that fit best with the types in your team
- Tips to make the team gel and work more efficiently



EXTRA NOTES

An equivalent course is available in Arabic. Please call us for details.